



Dr. Radhakrishnan Govt. Medical College, Hamirpur

IGNOU SC 1196 P

Certificate in Community Health (CCH) January, 2023

(Time Table for Contact Sessions, Theory BNS 041, 042)



Date	Session I (10:30 -12:30)	Session II (2:00 -4:00)
17/04/2023	Introduction to the Course	Introduction to the Course
18/04/2023	Concept of community health (B-1)	Epidemiology of specific communicable diseases(B -3)
19/04/2023	Health care planning &org. of health care at various level (B-1)	Communicable diseases-1 vector borne diseases (B -3)
20/04/2023	Environmental health & sanitation (B-1)	Communicable diseases-2 infectious diseases (B -3)
21/04/2023	Introduction to epidemiology, epidemiological approaches and processes (B-1)	Communicable diseases-3 zoonotic diseases (B -3)
24/04/2023	Introduction to nutrition & nutritional assessment (B -2)	Epidemiology of specific non communicable diseases (B-4)
25/04/2023	Nutrition during pregnancy and lactation (B -2)	Non communicable diseases-1(B-4)
26/04/2023	Demography , surveillance and interpretation of data (B-1)	Non communicable diseases-2 (B-4)
27/04/2023	Nutrition for infant, child adolescent & elderly (B -2)	Occupational diseases (B-4)
28/04/2023	Biomedical waste management & infection control (B-1)	Mental health and substance abuse disorders (B-4)
29/04/2023	Nutritional deficiency disorders (B -2)	Elderly care (B-4)
1/05/2023	Food borne disease, food safety (B -2)	Behaviour change communication skills and other soft skills (B -5)

1/05/2023	Introduction to reproductive maternal new-born & child health +A programme (042 B-2)	Health management information system (B -5)
2/05/2023	Antenatal care (042 B-2)	Work management and administration (B -5)
3/05/2023	Intra natal care (042 B-2)	Leadership and supervision and monitoring (B -5)
4/05/2023	Early identification , management & referral of complications (042 B-2)	Financial management , accounts& computing (B -5)
6/05/2023	Post-partum care (042 B-2)	Records and report (B -5)
8/05/2023	Gynaecological conditions (042 B-3)	Common surgical conditions -1 (042 B-5)
9/05/2023	Family planning methods , spacing, techniques & counselling (042 B-3)	Common surgical conditions -2 (042 B-5)
10/05/2023	Medical abortion &MTP act (042 B-3)	Congenital malformations (042 B-5)
11/05/2023	Counselling in reproductive & sexual health including problems of adolescents (042 B-3)	Screening for common cancers (042 B-5)
12/05/2023	Management of teenage pregnancies (042 B-3)	Gastro intestinal system (042 B-1)
13/05/2023	Essential care of new-born at born (042 B-4)	Respiratory system (042 B-1)
15/05/2023	Management of common neonatal &child health problems (042 B-4)	Heart, urinary system & blood disorders (042 B-1)
16/05/2023	Integrated management of neonatal& childhood illness (042 B-3)	Eye, ear, nose ,& throat (042 B-1)
17/05/2023	Introduction to RBSK (042 B-4)	First aid in common emergency conditions (042 B-1)
18/05/2023	Universal immunisation programme (UIP) (042 B-4)	Disaster management (042 B-1)
19/05/2023	Essential drugs -1 (042 B-6)	Essential drugs -2 (042 B-6)
20/05/2023	Essential drugs 3 (042 B-6)	Revision Class I
23/05/2023	Revision Class II	Revision Class III
24/05/2023	Revision Class IV	Revision Class V
Total Counselling Hours: 120		